

Population Medicine Resource Booklet

Compiled by:

The Graduate Student Executive of Population Medicine

Winter 2020 Edition

Table of Contents

Tech & Physical Resources.....	3
Funding Resources.....	3
Graduate Life Resources.....	3
Physical Health Resources.....	4
Mental Health Resources.....	4
Future Employment Resources.....	6
Soft Skills Resources.....	8
Hard Skills Resources.....	8
Teaching development support.....	9
Courses Offered.....	10
Statistical Resources.....	11
Writing Resources.....	12
Communication Resources.....	12

A special thank you to the following people for their contributions:

Antonia DeGroot, Sydney Pearce, Melissa MacKinnon, Josephine Guaupholm, Hannah Golightly and Carolyn Murray

Tech & Physical Resources

- Campus map:
https://www.parking.uoguelph.ca/sites/default/files/Campus%20Map%202016_0.pdf
- Tour of OVC buildings:
<http://www.ovc.uoguelph.ca/recruitment/en/experienceovc/tours.asp>
- Technical support:
<https://www.uoguelph.ca/ccs/service/help-centre-and-help-desk>
<http://ovc.uoguelph.ca/its>
- Physical resources support:
<https://www.pr.uoguelph.ca/submit-work-request>
- Printers:
<https://www.lib.uoguelph.ca/get-assistance/printing-computing>
- Study Space:
<https://www.lib.uoguelph.ca/about/about-library/study-space>
- Designated quiet workspace:
<https://www.lib.uoguelph.ca/news/quiet-study-areas>

Funding Resources

- Research and Scholarship
Amy Buckland, email buckland@uoguelph.ca, to book a no charge appointment
- Financial needs-based assessment form:
https://www.uoguelph.ca/registrar/studentfinance/sites/studentfinance/files/forms/GR_NAF_fw.html
- U of G graduate scholarships search tool:
<https://www.uoguelph.ca/registrar/studentfinance/apps/gawards?class=In-Course>
- Financial aid for practicum placements that are unpaid:
<https://www.uoguelph.ca/registrar/studentfinance/>
<http://www.ovc.uoguelph.ca/research/en/researchtrainingopportunities/graduatefundingresources.asp>

Graduate Life Resources

- What is a thesis?

https://cal.lib.uoguelph.ca/calendar/library_events/?cid=2503&t=m&d=0000-00-00&cal=2503

- Job opportunities for grad students (graduate teaching assistant, etc.):
<https://www.uoguelph.ca/hr/careers-quelph/current-opportunities>
https://www.uoguelph.ca/sessional_ta/
- Details on graduate teaching assistant health benefits:
<https://cupe3913.on.ca/>

Physical Health Resources

- Student wellness (links to webpages for: counselling services, health services, student support network, sexual violence support, etc.):
<https://wellness.uoguelph.ca/>
- Gryphlife (links to gryph life events grouped under mental wellness):
<https://gryphlife.uoguelph.ca/events?categories=444>
- Take a paws:
<https://gryphlife.uoguelph.ca/organization/takeapaws>
- Campus student health services:
<https://wellness.uoguelph.ca/services/health-services/all-health-services/physician-services>
- Exercise space:
<https://fitandrec.gryphons.ca/membership-services/memberships>
<https://fitandrec.gryphons.ca/sports-clubs/intramurals>
- Green space:
<https://www.uoguelph.ca/campus/map/conservatory/>
<https://www.uoguelph.ca/arboretum/>

Mental Health Resources

- OVC Counselling Services:
Bruno Mancini and Diana Chinnery, call 519-824-4120 ext. 53244 to book a no charge appointment
- Counselling Services through Graduate Student Association:
Peter Wedel, call 519-824-4120 ext. 53244 to book a no charge appointment
<https://www.uoguelph.ca/gsa/gsa-services/gsa-counselling-services>

- U of G Counselling Services:
Call 519-824-4120 ext. 53244 to book a no charge appointment
- Urgent drop-in hours for counselling:
<https://wellness.uoguelph.ca/counselling>
- U of G Student Health Benefit Plan:
<https://www.mystudentplan.ca/uofguelph/en/mybenefits>
- Student Accessibility Services:
<https://wellness.uoguelph.ca/accessibility/>
- Population Medicine Peer Helpers:
Dylan Melmer and Melissa MacKinnon, e-mail dmelmer@uoguelph.ca or mmacki05@uoguelph.ca
- Student Support Network (Peer to Peer Support):
<https://wellness.uoguelph.ca/ssn>
- Stress Management & High Performance Clinic:
<http://www.selfregulationskills.ca/>
- Wellness Education and Promotion Centre:
<https://gryphlife.uoguelph.ca/organization/wellness/events>
- U of G Mental Well-being Website:
<https://www.uoguelph.ca/mentalwellbeing/>
- U of G Library List of Mental Health Resources
<https://www.uoguelph.ca/mentalwellbeing/>
- Feel Better Now
<https://www.mystudentplan.ca/uofguelph/en/mywellness>

Emergency & 24-hour Resources:

- Campus Police, Fire and Ambulance:
Emergency ext. 2000; non-emergency call 519-824-4120 ext 52245
- Good2Talk (free, confidential helpline for post-secondary students in Ontario):
1-866-925-5454
- Here 24/7 (connects callers to addiction, mental health and crisis services):

1-844-437-3247

- Crisis Text Line (access to confidential crisis resolution):
Text “UofG” to 686868
- Sexual Violence Support Centre:
<https://www.uoguelph.ca/sexualviolence>
- Sexual Assault Domestic Violence Care and Treatment Centre (Guelph-Wellington Centre):
519-837-6440 ext. 2728 24-hour ext. 2210

Future Employment Resources

- OVC Learning Pathways Officer:
Taylor Scully, email: tscully@uoguelph.ca or call 519-824-4120 ext 53503 to book a no charge appointment
- Interview and resume guide:
<https://www.recruitguelph.ca/cecs/students-alumni/resumes-interviews-more>
- Cover letter writing:
<https://www.recruitguelph.ca/cecs/students-alumni/resumes-interviews-more/write-your-cover-letters>
- Job and career fairs:
<https://www.recruitguelph.ca/cecs/students-alumni/job-career-fairs>
- Career resources for graduate students:
<https://www.recruitguelph.ca/cecs/students-alumni/graduate-students>
- Resume building:
<https://www.recruitguelph.ca/cecs/students-alumni/resumes-interviews-more/build-your-resume>
- Video workshops on career skills:
<https://www.recruitguelph.ca/cecs/students-alumni/video-workshops>
- Resources for continued career success:
<https://www.recruitguelph.ca/cecs/students-alumni/succeed-job>
- Entrepreneurship resources:
<https://www.recruitguelph.ca/cecs/students-alumni/entrepreneurship>
- Explore career opportunities:
<https://www.recruitguelph.ca/cecs/students-alumni/explore-careers>

- Networking resources:
<https://www.recruitquelfh.ca/cecs/students-alumni/explore-careers/meet-employers>
- Career development workshops:
<https://www.uoquelfh.ca/lang/careers/cdp>
- Drop-in Sessions with Career Services (no charge) including career indecision, self-assessment, labour market information, further education planning, resume/cover letter/cv review and mock interviews:
<https://www.recruitquelfh.ca/cecs/students-alumni/drop-sessions>
- Explore career opportunities:
<https://www.recruitquelfh.ca/cecs/students-alumni/explore-careers>
- Job and career fairs:
<https://www.recruitquelfh.ca/cecs/students-alumni/job-career-fairs>
- For upcoming career and networking events hosted by Career Services:
<https://www.recruitquelfh.ca/cecs/events>
- To book an appointment with a career advisor or find times for drop-in sessions visit:
<https://www.recruitquelfh.ca/cecs/students-alumni/drop-sessions-booked-appointments>
- Job hunting:
<https://www.recruitquelfh.ca/cecs/students-alumni/explore-careers>
- Career building for graduate students:
<https://www.recruitquelfh.ca/cecs/students-alumni/graduate-students>

Alternative career resources available to graduate students:

- Aurora: A e-learning platform that provides interviews and career advice from former PhDs and postdocs:
<https://graduatestudies.uoquelfh.ca/aurora-e-learning-platform>
- LinkedIn Learning: A video-based training platform offering modules in everything from specific skills to professional development:
<https://www.uoquelfh.ca/ccs/service/linkedin-learning>
- Imagine PhD: An online career explorer and planner for PhD students and postdocs in social sciences and humanities:
<https://www.imaginephd.com/about>
- Graduate Student Learning Initiative (GSLI): An initiative by the university to bring together resources for graduate students. They offer a wide range of workshops and non-credit courses specifically targeted to grad students:
<https://gqli.uoquelfh.ca/workshops>

For job postings in academia and postsecondary institutions:

- <https://www.academiccareers.com/>
- <https://www.timeshighereducation.com/unijobs/>

- <https://www.universityaffairs.ca/search-job/>
- <https://careers.insidehighered.com/>

Soft Skills Resources

- Professional development resources:
https://graduatestudies.uoquelp.ca/postdoctoral/current/professional_development
- 3 Minute Thesis speaking competition:
<https://graduatestudies.uoquelp.ca/3mt>
- “Talk like an academic” graduate student programs:
<https://www.lib.uoquelp.ca/workshops-events/talk-academic>
- Library workshops on presentations:
https://cal.lib.uoquelp.ca/calendar/library_events/?cid=2503&t=d&d=0000-00-00&cal=2503
- Interview and resume guide:
<https://www.recruitquelp.ca/cecs/students-alumni/resumes-interviews-more>

Hard Skills Resources

- Guelph coding community workshops and tutorials:
<https://www.uoquelp.ca/computing/outreach/quelp-coding-community-0>
- Data analysis workshops and appointments:
<https://www.lib.uoquelp.ca/get-assistance/maps-gis-data/data-analysis>
- Knowledge synthesis in veterinary research blog series:
<https://atrium.lib.uoquelp.ca/xmlui/handle/10214/15867>
- U of G Grant writing resources:
<https://www.uoquelp.ca/research/for-researchers/funding/apply/tips/grant-writing-resources>
- Preparing a budget:
<https://www.uoquelp.ca/research/for-researchers/funding/apply/budget-tips>
- Office of Research funding opportunities:
https://www.uoquelp.ca/research/funding-opportunities?title=&body_value=&page=23&order=title&sort=asc
- Numeracy and quantitative reasoning resources:
<https://atrium.lib.uoquelp.ca/xmlui/handle/10214/1755>

- Book a data appointment with the library:
<https://www.lib.uoguelph.ca/get-assistance/maps-gis-data>
- Research skills base workshops:
https://cal.lib.uoguelph.ca/calendar/library_events/?cid=2503&t=d&d=0000-00-00&cal=2503
- Information Literacy:
Karen Nicholson, email kanichol@uoguelph.ca to book a no charge appointment

Preparing Manuscripts Resources:

- Publishing and author support:
<https://www.lib.uoguelph.ca/get-assistance/publishing-support>
- Writing resources:
<https://www.lib.uoguelph.ca/get-assistance/writing/writing-resources>
- Writing A-Z guide book:
<https://guides.lib.uoguelph.ca/c.php?g=710540&p=5067629>
- Writing workshops:
<https://www.lib.uoguelph.ca/get-assistance/writing/writing-programs-and-teaching-support>
- Plagiarism and paraphrasing guide:
<https://guides.lib.uoguelph.ca/c.php?g=129135&p=5002801>
- Book an individual appointment with library writing services online:
<https://www.lib.uoguelph.ca/get-assistance/writing>

Teaching Development Support

- OVC Learning Specialist:
Joannah O'Hatnick, email johatnic@uoguelph.ca to book a no charge appointment to go over: presentation skills, time & thesis management, study strategies for graduate students
- Graduate teaching community:
<https://opened.uoguelph.ca/student-resources/Graduate-Teaching-Community>
- UNIV*6800 University Teaching: Theory and Practice:
<https://opened.uoguelph.ca/student-resources/univ-6800-university-teaching>

- Graduate Teaching Development Program Certificate:
<https://opened.uoguelph.ca/student-resources/Graduate-Teaching-Community>
- Teaching and learning resources:
https://opened.uoguelph.ca/student-resources/teaching-and-learning-resources?_mid=1056

Courses Offered (outside of the Population Medicine department)

All population medicine courses are listed on the department website (<https://ovc.uoguelph.ca/population-medicine/courses/graduate>), and the most recent graduate calendar.

Business Courses:

- Economics:
 - ECON*6050 Introduction to Econometric Methods
 - FARE*6100 The Methodologies of Economics
 - BUS*6200 Financial Management
 - BUS*6180 Financial and Managerial Accounting
- Project Management:
 - BUS*6840 Foundational Theories of Management
 - BUS*6830 Foundational Theories of Leadership
 - BUS*6820 Readings in Management
- Stakeholder Engagement:
 - CDE*6311 Community Engagement and Public Participation

Knowledge Transfer and Translation Courses:

- Knowledge Transfer and Translation:
 - FRAN*6221 Evidence-Based Practice and Knowledge Translation
 - Ontario Agri-Food Alliance KTT Resources:
<https://www.uoguelph.ca/alliance/KTT-services-and-resources>
- Knowledge Mobilization:
 - Certificate in Knowledge Mobilization (courses offered through Community Engaged Scholarship Institute)
<https://courses.opened.uoguelph.ca/public/category/courseCategoryCertificateProfile.do?method=load&certificateId=453705#certificateStreamsHeader>

One Health Courses:

- One Health:
 - ONEH*6000 One Health Approaches to Research
 - ENVS*6882(02) Human health in the environment

Public Health Courses:

- Emergency Management:
 - EDRD*6100 Disaster Planning and Management

Statistics, Informatics and Research Methods Courses:

- Geographic information system:
 - GIS course offered through the library
<https://www.lib.uoquelp.ca/get-assistance/maps-gis-data/gis-analysis>
- Advanced Qualitative Research Methods:
 - ANTH*6140 Qualitative Research Methods

More opportunities to practice critical appraisal and presentation skills:

- Population Medicine Journal Club:
<https://ovc.uoquelp.ca/population-medicine/resources/students/clubs-and-committees>
- Librarian skills:
<https://news.uoquelp.ca/event/skills-for-research-impact-workshop-stakeholder-engagement/>

Statistical Resources

- Library resource page for R:
<https://www.lib.uoquelp.ca/get-assistance/maps-gis-data/data-analysis/r>
- Library resource page for STATA:
<https://www.lib.uoquelp.ca/get-assistance/maps-gis-data/data-analysis/stata>
- Library resource page for NVIVO:
<https://www.lib.uoquelp.ca/get-assistance/maps-gis-data/data-analysis/nvivo>
- Library resource page for SAS:
<https://www.lib.uoquelp.ca/get-assistance/maps-gis-data/data-analysis/sas>
- Library resource page for GIS analysis:
<https://www.lib.uoquelp.ca/get-assistance/maps-gis-data/gis-analysis>
- Library resource page for SPSS:
<https://www.lib.uoquelp.ca/get-assistance/maps-gis-data/data-analysis/spss>
- Library resource page for Matlab; find Matlab support guide:
<https://learningcommons.lib.uoquelp.ca/item/use-matlab>
- Computing and Communicational Services resource page for Matlab:
<https://www.uoquelp.ca/ccs/software/supported-products/matlab>

Writing Resources

- To browse and book writing workshops:
https://cal.lib.uoquelp.ca/calendar/library_events/?cid=2503&t=d&d=0000-00-00&cal=2503
- For the libraries catalogue of writing resources visit:
<https://www.lib.uoquelp.ca/get-assistance/writing/writing-resources>
- Brain Food (a series of 6 sessions designed to provide foundational skills and strategies for your thesis or dissertation process):
https://www.lib.uoquelp.ca/workshops-events/brain_food
- Dissertation Boot Camp:
<https://www.lib.uoquelp.ca/workshops-events/dbc>
- Library resources for citation software:
<https://guides.lib.uoquelp.ca/ManageYourSources>
- Office of Research information and advice for grant writing:
<https://www.uoquelp.ca/research/for-researchers/funding/apply/tips/grant-writing-resources>
- Library resources for gathering and reading literature:
<https://www.lib.uoquelp.ca/get-assistance/writing/writing-resources/resources-gathering-and-reading-literature>
- Access to copy editors:
<https://www.lib.uoquelp.ca/get-assistance/writing>
- Writing Services:
Jodie Salter, email jsalter@uoquelp.ca, to book a no charge appointment

Communication Resources

- Library catalogue for presentation skills:
<https://learningcommons.lib.uoquelp.ca/other-tags/presentations>
- Career Services information page for interviewing skills:
<https://www.recruitquelp.ca/cecs/students-alumni/resumes-interviews-more/interviews>
- To book a mock-interview with a peer helper visit:
<https://www.recruitquelp.ca/cecs/students-alumni/peer-helpers>