



BRAIN FOOD

THESIS AND DISSERTATION WORKSHOPS

Thesis writing doesn't have to be scary or lonely. At Brain Food workshops, you'll find out more about how to approach your research and writing with confidence – and you'll meet other students who are also experiencing the trials and tribulations of thesis writing.

For more information and to register for sessions, please visit www.lib.uoguelph.ca and go to the Workshops & Events section. Each of the five workshops in the series is 3 hours in length and is offered one or more times each semester every semester. These workshops are free for U of G students.

BRAIN FOOD: GETTING STARTED ON YOUR THESIS

MONDAY, JUNE 18 - 9 A.M. TO 12 P.M. | LIB 384

In this workshop session, we provide foundational skills and strategies that will carry you through the thesis or dissertation process.

Managing the Thesis Process: We discuss goal setting and time management strategies to keep you motivated throughout your graduate degree.

Formulating Your Research Question: Your research question forms the basis of your research project. In this session, we discuss how to formulate an effective research question and how to use it to guide and inform your thesis or dissertation from start to finish.

Working with Data: With so many ways to obtain data it's difficult to make sense of it sometimes. Come to this workshop to learn techniques on how to start working with your data and better answer your research question.

BRAIN FOOD: WRITING THE LITERATURE REVIEW

MONDAY, JUNE 18 - 1 P.M. TO 4 P.M. | LIB 384

In this workshop session, we focus on one of the most difficult parts to write, the Literature Review.

Gathering and Reading Literature: A good thesis demands a good literature review, and that means finding and critically analyzing the key literature in your field. In this session, learn some methods for finding and evaluating the literature in order to select relevant and authoritative sources. We'll also be discussing the use of Zotero for citation management.

Writing the Literature Review: Your literature review is a key component of your thesis or dissertation. This session will discuss how to connect the literature review to your argument, build the structure for your review, and avoid some of the common traps when writing.

BRAIN FOOD: TIME MANAGEMENT ESSENTIALS

TUESDAY, JUNE 19 - 9 A.M. TO 12 P.M. | LIB 384

In this workshop session, we address the specific time management challenges that graduate students face.

Graduate When You Want To: Long-term Planning: Learn how to predict your time to completion and use project management tools to help you meet your goals as a graduate student.

School-Life Balance: Learn practical strategies to help you achieve school-work-life balance.

Time Management from the Inside Out: Procrastination and perfectionism are common challenges for many graduate students. In this session, we will identify strategies to modify or decrease unhelpful behaviours.

BRAIN FOOD: OUTLINING YOUR THESIS + EXPLAINING YOUR RESEARCH FINDINGS

TUESDAY, JUNE 19 - 1 P.M. TO 4 P.M. | LIB 384

In this workshop session, we analyze the common features and structures of the thesis/dissertation and then focus more specifically on the results and discussion sections.

Outlining Your Thesis: This session offers a visual mapping strategy that you can use to organize your research and writing, structure your argument logically, manage your evidence, and ultimately create an outline of your entire thesis writing project.

Writing Results and Discussion Sections: This session introduces writing strategies that will help you describe your data and communicate the significance of your research findings.

Data Visualization: A picture is worth a thousand words! It is time to explore or explain your research findings through visualizations. This workshop will introduce the data visualization process, examine the strengths and weaknesses of standard chart types, and provide an introduction to how to build these charts using Tableau software.

BRAIN FOOD: PUBLISHING AND PRESENTING YOUR RESEARCH

WEDNESDAY, JUNE 20 - 9 A.M. TO 12 P.M. | LIB 384

In this workshop session, we focus on communicating your research to a wider audience.

Disseminating Your Thesis: This session will cover what you need to know with respect to publishing and author rights, as well as the e-thesis submission process via the library's Atrium. It will help you to identify the publishing models and options available and to understand copyright and what you should be negotiating with publishers.

Presenting Your Research: Need to share your research with others? This session will introduce you to resources and strategies for visually and orally presenting your research evidence.

Upon completion of each session, participants may request a *Graduate Writing and Research Skills Letter of Recognition* in acknowledgement of their efforts to expand their knowledge and skills.



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