# Biochemical regulation of Physiological Processes Advanced Topics in Endocrinology

# BIOM\*6570 Fall 2012

### **Timetable**

**Lectures:** Time - 2.30-3.20 pm; Monday, Wednesday & Friday

Place - ANNU, Room 156

Seminars/tutorials Tuesday 11am-1pm OVC 2633

**Co-ordinator:** N J MacLusky

Room 2633 Biomedical Sciences

Ext 54700

nmaclusk@uoguelph.ca

### **Additional Instructors:**

Dr. Ian McPhee
Family practitioner and City Coroner

City of Guelph

Dr. Pavneesh Madan Room OVC 3605 Biomedical Sciences pmadan@uoguelph.ca

Dr. James Petrik Room OVC 3627 Biomedical Sciences <u>jpetrik@uoguelph.ca</u>

Dr. R. Moorehead Room OVC 3626 Biomedical Sciences rmoorehe@uoguelph.ca

Course Graduate Teaching Assistant:

Ari Mendell amendell@uoguelph.ca

### Course and learning objectives:

The course is intended for senior students who have a strong background in physiology (at a minimum Mammalian Physiology BIOM\*3100/3110 or the new one-semester doubled weighted version, BIOM\*3200. The majority of lectures in the course will be taught by the course coordinator, with a few guest lecturers contributing specific topics in endocrinology that are relevant to their particular areas of expertise and research interests.

The course will focus primarily on human endocrinology, with some consideration of both animal models in endocrine research and parallels between human medicine and veterinary clinical practice using the expertise available in the Ontario Veterinary College. The lectures will deal with the investigational methods that are used in endocrine research, the mode of action of hormones, the intracellular signaling pathways of target cells, aspects of hormone synthesis and secretion and the main regulatory functions of the hormones. The course will emphasize the integrative nature of hormone action in the regulation of processes such as metabolic control, growth and reproduction. Much of basic endocrinology taught in B.Sc. courses treats hormones and their actions individually, as if any given hormone is produced and acts in isolation, independently of other physiological processes. In reality, of course, endocrinology involves considerable "cross talk" between hormonal signaling pathways, so that the actions of different hormones are integrated and coordinated.

The course will not attempt to cover all aspects of the growing field of endocrinology. Rather, it will focus on specific underlying concepts and use examples to illustrate the broader implications of hormonal control of physiological events, including consideration of how endocrine problems can contribute to many common human disease states. As a graduate course, the emphasis is on learning objectives and class activities that test "real world" skills, using many of the same approaches that we use in graduate courses in Biomedical Sciences: group work in the development of presentations based on the scientific literature, as well as scenario-based takehome individual writing assignments.

#### **Course text:**

Textbook of Endocrine Physiology (5th Edition) 2004. Edited by JE Griffin and SR Ojeda. Oxford University Press

The textbook is recommended, BUT NOT REQUIRED. The essential material covered in each lecture will be included in the lecture notes posted to D2L, so it should be possible for students to complete the course and do well without purchasing a text book. However, the text book does provide a good, fairly concise and inexpensive (currently around \$50 Canadian from Amazon.ca or Chapters) paperback summary of endocrinology (with particular strengths in Reproductive Endocrinology) which can be useful for both background reading and as a resource if you continue in future to graduate/professional training in Endocrinology.

Prior experience has shown that reserve materials were not well used, and therefore no material has been put on reserve. However, the following provides the access numbers for textbooks that might be useful.

- Textbook of Endocrine Physiology (4<sup>th</sup> Edition) 2000. JE Griffin and SR Ojeda [QP 187.T43]
- Endocrine Physiology 2000. B Kacsoh [QP 187.3P49.K33]
- Basic and Clinical Endocrinology 2001.
   FS Greenspan, GJ Strewler [RC 648.B27.2001]

### **Evaluation of performance in the course:**

• The course shares lectures with BIOM\*4030 (the B.Sc. Endocrine Physiology course; see timetable, below) but has additional components in terms of seminars and written assignments that are specific to the graduate course. Performance in the course will be evaluated on the basis of these graduate specific components.

Each week, students will be asked to present papers selected from the area under discussion for that week. As part of the preparation for the paper presentations, the presenting student should prepare a one page (double sided) summary of the major points of the paper and his/her critique. All students should read the papers and come to class prepared: the students presenting the papers will be leading the discussion, but they should not be expected to cover everything by themselves. Graduate courses should represent GROUP LEARNING experiences.

All students will also be expected to submit a review paper on a subject of their choice, the only proviso being that it must be within the field of Endocrinology and Metabolism. This paper should follow the structure and guidelines of short published reviews in a current Endocrinology journal (such as Trends in Endocrinology and Metabolism). Students are encouraged to put together draft outlines of their reviews early in the course and get feedback from the coordinator, well ahead of the deadline for final submission of the reviews. Topics that are too broad or too narrow in their focus make it difficult or impossible to write a good review paper on them, so getting advice early, and often, is the key to success. The draft outline will count for 10% of the course mark, the final paper for 40%

#### **Course evaluation:**

All students will be scheduled to present papers three times during the course, each presentation and summary being graded by the coordinator (for a total of 50% of the course grade). The final review paper (worth 50% of the course grade, 10% for the draft outline, 40% for the paper) must be handed in within one week of the end of the course, to allow grading before the marks are due at the end of the university Fall semester exam period.

### Learning objectives:

The overall learning objectives of the University can be found in the University of Guelph calendar (<a href="http://www.uoguelph.ca/undergrad\_calendar/05-06">http://www.uoguelph.ca/undergrad\_calendar/05-06</a>). Please note the section on plagiarism. Although the course is based in part on group assignments and there is nothing wrong with doing research in groups on the assignment questions, the written reports MUST be your own, individual work. It is completely inadmissible to submit someone else's written work under your own name. For this reason, in the posters, the oral in-class presentations as well as in the take-home assignments, if you cite statements or results from other people, you must indicate the original source and cite it in your reference list.

The overall learning objective of this course is to gain an appreciation of how the rapid increases in our understanding of endocrinology that have taken place over the last 20-30 years are now being applied in developing new approaches to the management of disease. By the end of the course, students should be able to use their basic knowledge of endocrinology as a foundation for independent research, to develop an understanding of the subject that can be used to inform others, as well as to solve endocrine-related problems. In all the components of the course – the take home assignments, as well as the presentations – the emphasis is on students being able to express themselves individually while exploring their own interests and abilities, rather than following a rigid formula. The only constraint is that there must have a clear link to Endocrinology, but within this overall framework there is considerable latitude for students to approach the tasks in the course creatively and flexibly, using whatever approach works best.

### **Academic Integrity:**

The University of Guelph takes a very serious view of Academic Misconduct. Included in this category are such activities as cheating on examinations, plagiarism, misrepresentation, and submitting the same material in two different courses without written permission. Students are expected to be familiar with the section on Academic Misconduct in the Graduate Calendar and should be aware that expulsion from the University is a possible penalty.

#### Accommodations for students with disabilities:

In compliance with university policy, the course coordinator is available to discuss appropriate academic accommodations that may be required for students with disabilities. Requests for academic accommodations are to be made on the first day of classes so that arrangements can be made. Students should register with the Centre for Students with Disabilities to verify their eligibility for appropriate accommodations. It is the responsibility of the student to arrange these accommodations with the Centre for Students with Disabilities well in advance of the deadline dates for the course assignments.

## **COURSE OUTLINE**

| Lecture<br># | Date         | Subject  | Instructor |
|--------------|--------------|--|------------|
| 1            | Fri. Sept 6  | General introduction to the course • Scope & goals of the course • Examinations, assignments | MacLusky   |
| 2            | Mon. Sept 9  | TRH-TSH-thyroid gland axis I   | MacLusky   |
| 3            | Wed. Sept 11 | TRH-TSH-thyroid gland axis II  | MacLusky   |
| 4            | Fri. Sept 13 | CRF-ACTH-adrenal axis I  | MacLusky   |
| 5            | Mon. Sept 16 | CRF-ACTH-adrenal axis II   | MacLusky   |
| 6            | Wed. Sept 18 | The GnRH-LH/FSH-gonadal axis   | MacLusky   |
| 7            | Fri. Sept 20 | Steroid metabolism, transport and action   | MacLusky   |
| 8            | Mon. Sept 23 | Puberty  | MacLusky   |
| 9            | Wed. Sept 25 | The male reproductive system   | MacLusky   |
| 10           | Fri. Sept 27 | Female reproduction: the ovarian cycle I   | MacLusky   |
| 11           | Mon. Sept 30 | Female reproduction: the ovarian cycle II  | MacLusky   |
| 12           | Wed. Oct 2   | Pregnancy, parturition and lactation   | MacLusky   |
| 13           | Fri. Oct 4   | Non-reproductive effects of gonadal steroids 1   | MacLusky   |
| 14           | Mon. Oct 7   | Non-reproductive effects of gonadal steroids 2   | MacLusky   |
| 15           | Wed. Oct 9   | The incretins: new treatments for type II diabetes   | MacLusky   |
| 16           | Fri. Oct 11  | Intestinal and fat hormones: integration of appetite, energy balance and stress              | MacLusky   |
|              | Mon. Oct 14  | Thanksgiving – no class  |            |
| 17           | Wed. Oct 16  | Developmental Programming of Disease   | MacLusky   |
| 18           | Fri. Oct 18  | Hormonal control of angiogenesis   | Petrik     |
| 19           | Mon. Oct 21  | Endocrine disruptors in the Environment  | Petrik     |

| Lecture # | Date        | Subject  | Instructor |
|-----------|-------------|--|------------|
| 20        | Wed. Oct 23 | Clinical applications of Endocrinology I           | MacLusky   |
| 21        | Fri. Oct 25 | Clinical applications of Endocrinology II          | MacLusky   |
| 22        | Mon. Oct 28 | Endocrine related diseases I                       | Petrik     |
| 23        | Wed. Oct 30 | Endocrine related diseases II                      | Petrik     |
| 24        | Fri. Nov 1  | New Frontiers in Endocrine Research I              | MacLusky   |
| 25        | Mon. Nov 4  | New Frontiers in Endocrine Research II             | MacLusky   |
| 26        | Wed. Nov 6  | Clinical aspects: Veterinary Endocrinology         | Madan      |
| 27        | Fri. Nov 8  | Clinical aspects: Endocrinology in Family Practice | McPhee     |
|           | Mon. Nov 11 | Student Presentations I                            | All        |
|           | Wed. Nov 13 | Student Presentations II                           | All        |
|           | Fri. Nov 15 | Student Presentations III                          | All        |
|           | Mon. Nov 18 | Student Presentations IV                           | All        |
|           | Wed. Nov 20 | Student Presentations V                            | All        |
|           | Fri. Nov 22 | Student Presentations VI                           | All        |
|           | Mon. Nov 25 | Student Presentations VII                          | All        |
|           |             | Final assignments due Friday Dec 13 4:30pm         | All        |